

# CONFIDENTIAL HEALTH INFORMATION

Please allow our staff to photocopy your driver's license and insurance details.  
All information you supply is confidential. We comply with all federal privacy standards.  
Please print clearly.

Wiley Chiropractic Group, P.C.  
Terry L. Wiley, DC, CME  
511 Main St., Suite #6  
Alamosa, Colorado 81101  
Phone: (719) 589-5163  
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E-Mail: wileychiro@yahoo.com

Today's Date (MM/DD/YYYY)

Have you consulted a chiropractor before?

☐ No ☐ Yes When?

Patient Number (office use only)

Whom may we thank for referring you?

If so, whom?

Your Last Name

Your Social Security Number

Birth Date (MM/DD/YYYY)

Age

Your First Name

Your Middle Name (or Initial)

Gender

☐ Male ☐ Female

Race

Address

Marital Status ☐ Married

Ethnicity

☐ Single ☐ Divorced

☐ Widowed ☐ Separated

Preferred Language

City

State/Province

ZIP/Postal Code

Home Phone

Cell Phone

Spouse's Name

Email Address

Child's Name and Age

Emergency Contact

Emergency Contact's Phone

Child's Name and Age

Your Occupation

Child's Name and Age

Your Employer

Work Phone

Address

May we contact you at work?

☐ Yes ☐ No

City

State/Province

ZIP/Postal Code

Preferred method of contact?

☐ Home Phone ☐ Cell Phone

☐ Work Phone ☐ Email

Primary Care Provider's Name

Insurance Carrier

Policy Number

Insured's Last Name

Birth Date (MM/DD/YYYY)

Who carries this policy?

☐ Self ☐ Spouse ☐ Parent

Insured's First Name

Insured's Middle Name (or Initial)

Insured's Employer

Address

City

State/Province

ZIP/Postal Code

Employer's Phone

CONFIDENTIAL HEALTH INFORMATION

1. The symptom(s) that have prompted me to seek care today include: \_\_\_\_\_

Patient name \_\_\_\_\_

2. And are the result of (darken circle): ☐ An accident or injury  
☐ Work ☐ Auto ☐ Other \_\_\_\_\_  
☐ A worsening long-term problem  
☐ An interest in: ☐ Wellness ☐ Other \_\_\_\_\_

Patient Number  
(office use only)

3. Onset (When did you first notice your current symptoms?) \_\_\_\_\_

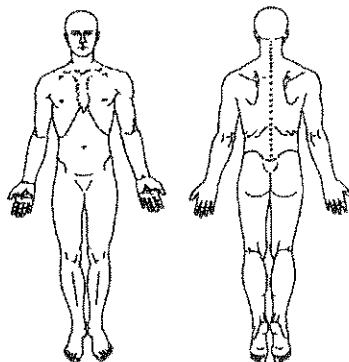
4. Intensity (How extreme are your current symptoms?)  
0 ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ 10  
Absent Uncomfortable Agonizing

5. Duration and Timing (When did it start and how often do you feel it?)  
☐ Constant ☐ Comes and goes. How Often? \_\_\_\_\_

6. Quality of symptoms (What does it feel like?)

- ☐ Numbness
- ☐ Tingling
- ☐ Stiffness
- ☐ Dull
- ☐ Aching
- ☐ Cramps
- ☐ Nagging
- ☐ Sharp
- ☐ Burning
- ☐ Shooting
- ☐ Throbbing
- ☐ Stabbing
- ☐ Other \_\_\_\_\_

7. Location (Where does it hurt?)  
Circle the area(s) on the illustration.  
"0" for current condition  
"X" for conditions experienced in the past



8. Radiation (Does it affect other areas of your body? To what areas does the pain radiate, shoot or travel.) \_\_\_\_\_

9. Aggravating or relieving factors (What makes it better or worse, such as time of day, movements, certain activities, etc.)

What tends to worsen the problem? \_\_\_\_\_

What tends to lessen the problem? \_\_\_\_\_

10. Prior interventions (What have you done to relieve the symptoms?)

- ☐ Prescription medication ☐ Surgery ☐ Ice
- ☐ Over-the-counter drugs ☐ Acupuncture ☐ Heat
- ☐ Homeopathic remedies ☐ Chiropractic ☐ Other \_\_\_\_\_
- ☐ Physical therapy ☐ Massage \_\_\_\_\_

11. What else should Dr. Wiley know about your current condition? \_\_\_\_\_

12. How does your current condition interfere with your:

Work or career: \_\_\_\_\_

Recreational activities: \_\_\_\_\_

Household responsibilities: \_\_\_\_\_

Personal relationships: \_\_\_\_\_

### 13. Review of Systems

Chiropractic care focuses on the integrity of your nervous system, which controls and regulates your entire body. Please darken the circle beside any condition that you've Had or currently Have and initial to the right.

#### a. Musculoskeletal

Had Have	Had Have	Had Have	Had Have	Had Have	Had Have	NONE <input type="radio"/>
<input type="radio"/> Osteoporosis	<input type="radio"/> Arthritis	<input type="radio"/> Scoliosis	<input type="radio"/> Neck pain	<input type="radio"/> Back problems	<input type="radio"/> Hip disorders	Initials _____
<input type="radio"/> Knee injuries	<input type="radio"/> Foot/ankle pain	<input type="radio"/> Shoulder problems	<input type="radio"/> Elbow/wrist pain	<input type="radio"/> TMJ issues	<input type="radio"/> Poor posture	

#### b. Neurological

Had Have	Had Have	Had Have	Had Have	Had Have	Had Have	NONE <input type="radio"/>
<input type="radio"/> Anxiety	<input type="radio"/> Depression	<input type="radio"/> Headache	<input type="radio"/> Dizziness	<input type="radio"/> Pins and needles	<input type="radio"/> Numbness	Initials _____

#### c. Cardiovascular

Had Have	Had Have	Had Have	Had Have	Had Have	Had Have	NONE <input type="radio"/>
<input type="radio"/> High blood pressure	<input type="radio"/> Low blood pressure	<input type="radio"/> High cholesterol	<input type="radio"/> Poor circulation	<input type="radio"/> Angina	<input type="radio"/> Excessive bruising	Initials _____

#### d. Respiratory

Had Have	Had Have	Had Have	Had Have	Had Have	Had Have	NONE <input type="radio"/>
<input type="radio"/> Asthma	<input type="radio"/> Apnea	<input type="radio"/> Emphysema	<input type="radio"/> Hay fever	<input type="radio"/> Shortness of breath	<input type="radio"/> Pneumonia	Initials _____

#### e. Digestive

Had Have	Had Have	Had Have	Had Have	Had Have	Had Have	NONE <input type="radio"/>
<input type="radio"/> Anorexia/bulimia	<input type="radio"/> Ulcer	<input type="radio"/> Food sensitivities	<input type="radio"/> Heartburn	<input type="radio"/> Constipation	<input type="radio"/> Diarrhea	Initials _____

#### f. Sensory

Had Have	Had Have	Had Have	Had Have	Had Have	Had Have	NONE <input type="radio"/>
<input type="radio"/> Blurred vision	<input type="radio"/> Ringing in ears	<input type="radio"/> Hearing loss	<input type="radio"/> Chronic ear infection	<input type="radio"/> Loss of smell	<input type="radio"/> Loss of taste	Initials _____

#### g. Skin

Had Have	Had Have	Had Have	Had Have	Had Have	Had Have	NONE <input type="radio"/>
<input type="radio"/> Skin cancer	<input type="radio"/> Psoriasis	<input type="radio"/> Eczema	<input type="radio"/> Acne	<input type="radio"/> Hair loss	<input type="radio"/> Rash	Initials _____

Consultation Notes

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#### h. Endocrine

Had Have      Had Have      Had Have      Had Have      Had Have      Had Have      NONE ☐  
☐ ☐ Thyroid issues   ☐ ☐ Immune disorders   ☐ ☐ Hypoglycemia   ☐ ☐ Frequent infection   ☐ ☐ Swollen glands   ☐ ☐ Low energy   Initials \_\_\_\_\_

#### i. Genitourinary

Had Have      Had Have      Had Have      Had Have      Had Have      NONE ☐  
☐ ☐ Kidney stones   ☐ ☐ Infertility   ☐ ☐ Bedwetting   ☐ ☐ Prostate issues   ☐ ☐ Erectile dysfunction   ☐ ☐ PMS symptoms   Initials \_\_\_\_\_

#### j. Constitutional

Had Have      Had Have      Had Have      Had Have      Had Have      NONE ☐  
☐ ☐ Fainting   ☐ ☐ Low libido   ☐ ☐ Poor appetite   ☐ ☐ Fatigue   ☐ ☐ Sudden weight gain/loss (circle one)   ☐ ☐ Weakness   Initials \_\_\_\_\_

Patient name \_\_\_\_\_

Patient Number  
(office use only)

☐ All other systems negative

### Past Personal, Family and Social History

Please identify your past health history, including accidents, injuries, illnesses and treatments. Please complete each section fully.

#### 14. Illnesses

Check the illnesses you have **Had** in the past or **Have** now.

Had Have      Had Have  
☐ ☐ AIDS   ☐ ☐ Tuberculosis  
☐ ☐ Alcoholism   ☐ ☐ Typhoid fever  
☐ ☐ Allergies   ☐ ☐ Ulcer  
☐ ☐ Arteriosclerosis   ☐ ☐ Other: \_\_\_\_\_  
☐ ☐ Cancer  
☐ ☐ Chicken pox  
☐ ☐ Diabetes  
☐ ☐ Epilepsy  
☐ ☐ Glaucoma  
☐ ☐ Gout  
☐ ☐ Heart disease  
☐ ☐ Hepatitis  
☐ ☐ HIV Positive  
☐ ☐ Malaria  
☐ ☐ Measles  
☐ ☐ Multiple Sclerosis  
☐ ☐ Mumps  
☐ ☐ Polio  
☐ ☐ Rheumatic fever  
☐ ☐ Scarlet fever  
☐ ☐ Sexually transmitted disease  
☐ ☐ Stroke

#### 17. Allergies

Are you allergic to any medications?

Yes No  
☐ ☐ If Yes please list: \_\_\_\_\_

#### 15. Operations

Surgical interventions, which may or may not have included hospitalization.

☐ Appendix removal  
☐ Bypass surgery  
☐ Cancer  
☐ Cosmetic surgery  
☐ Elective surgery: \_\_\_\_\_  
☐ Eye surgery  
☐ Hysterectomy  
☐ Pacemaker  
☐ Spine: \_\_\_\_\_  
☐ Tonsillectomy  
☐ Vasectomy  
☐ Other: \_\_\_\_\_

#### 16. Treatments

Check the ones you've received in the **Past** or are receiving **Currently**.

Past      Currently  
☐ ☐ Acupuncture  
☐ ☐ Antibiotics  
☐ ☐ Birth control pills  
☐ ☐ Blood transfusions  
☐ ☐ Chemotherapy  
☐ ☐ Chiropractic care  
☐ ☐ Dialysis  
☐ ☐ Herbs  
☐ ☐ Homeopathy  
☐ ☐ Hormone replacement  
☐ ☐ Inhaler  
☐ ☐ Massage therapy  
☐ ☐ Physical therapy  
☐ ☐ Medications

(Please list below all prescription, over-the-counter, natural supplements, enzymes, vitamins and minerals):  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

#### 18. Injuries

Have you ever...

☐ Had a fractured or broken bone   ☐ Used a crutch or other support  
☐ Had a spine or nerve disorder   ☐ Used neck or back bracing  
☐ Been knocked unconscious   ☐ Received a tattoo  
☐ Been injured in an accident   ☐ Had a body piercing

#### 19. Family History

Some health issues are hereditary. Tell Dr. Wiley about the health of your immediate family members.

Relative	Age (If living)	State of health		Illnesses	Age at death	Cause of death	
		Good	Poor			Natural	Illness
Mother	_____	<input type="radio"/>	<input type="radio"/>	_____	_____	<input type="radio"/>	<input type="radio"/>
Father	_____	<input type="radio"/>	<input type="radio"/>	_____	_____	<input type="radio"/>	<input type="radio"/>
Sister 1	_____	<input type="radio"/>	<input type="radio"/>	_____	_____	<input type="radio"/>	<input type="radio"/>
Sister 2	_____	<input type="radio"/>	<input type="radio"/>	_____	_____	<input type="radio"/>	<input type="radio"/>
Brother 1	_____	<input type="radio"/>	<input type="radio"/>	_____	_____	<input type="radio"/>	<input type="radio"/>
Brother 2	_____	<input type="radio"/>	<input type="radio"/>	_____	_____	<input type="radio"/>	<input type="radio"/>

#### 20. Are there any other hereditary health issues that you know about?

#### 21. Social History

Tell Dr. Wiley about your health habits and stress levels.

Alcohol use   ☐ Daily   ☐ Weekly   How much? \_\_\_\_\_   Prayer or meditation?   ☐ Yes   ☐ No  
Coffee use   ☐ Daily   ☐ Weekly   How much? \_\_\_\_\_   Job pressure/stress?   ☐ Yes   ☐ No  
Tobacco use   ☐ Daily   ☐ Weekly   How much? \_\_\_\_\_   Financial peace?   ☐ Yes   ☐ No  
Exercising   ☐ Daily   ☐ Weekly   How much? \_\_\_\_\_   Vaccinated?   ☐ Yes   ☐ No  
Pain relievers   ☐ Daily   ☐ Weekly   How much? \_\_\_\_\_   Mercury fillings?   ☐ Yes   ☐ No  
Soft drinks   ☐ Daily   ☐ Weekly   How much? \_\_\_\_\_   Recreational drugs?   ☐ Yes   ☐ No  
Water intake   ☐ Daily   ☐ Weekly   How much? \_\_\_\_\_  
Hobbies: \_\_\_\_\_

Doctor's Initials \_\_\_\_\_

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## 22. Activities of Daily Living

How does this condition currently interfere with your life and ability to function?

	No Effect	Mild Effect	Moderate Effect	Severe Effect
Sitting	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Rising out of chair	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Standing	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Walking	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Lying down	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Bending over	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Climbing stairs	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Using a computer	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Getting in/out of car	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Driving a car	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Looking over shoulder	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Caring for family	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

	No Effect	Mild Effect	Moderate Effect	Severe Effect
Grocery shopping	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Household chores	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Lifting objects	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Reaching overhead	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Showering or bathing	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Dressing myself	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Love life	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Getting to sleep	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Staying asleep	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Concentrating	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Exercising	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Yard work	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

23. What is the major stressor in your life? \_\_\_\_\_ 24. How much sleep do you average per night? \_\_\_\_\_ Hours

25. What is the type and approximate age of your mattress and pillow? \_\_\_\_\_ 26. What is your preferred sleeping position? \_\_\_\_\_

27. Describe your typical eating habits: ☐ Skip breakfast ☐ Two meals a day ☐ Three meals a day ☐ Snacking between meals

28. What would be the most significant thing that you could do to improve your health? \_\_\_\_\_

29. In addition to the main reason for your visit today, what additional health goals do you have? \_\_\_\_\_

## Acknowledgements

To set clear expectations, improve communications and help you get the best results in the shortest amount of time, please read each statement and initial your agreement.

Initials \_\_\_\_\_ I instruct the chiropractor to deliver the care that, in his or her professional judgement, can best help me in the restoration of my health. I also understand that the chiropractic care offered in this practice is based on the best available evidence and designed to reduce or correct vertebral subluxation. Chiropractic is a separate and distinct healing art from medicine and does not proclaim to cure any named disease or entity.

Initials \_\_\_\_\_ I may request a copy of the Privacy Policy and understand it describes how my personal health information is protected and released on my behalf for seeking reimbursement from any involved third parties.

Initials \_\_\_\_\_ I realize that an X-ray examination may be hazardous to an unborn child and I certify that to the best of my knowledge I am not pregnant. Date of last menstrual period (MM/DD/YYYY): \_\_\_\_\_

Initials \_\_\_\_\_ I grant permission to be called to confirm or reschedule an appointment and to be sent occasional cards, letters, emails or health information to me as an extension of my care in this office.

Initials \_\_\_\_\_ I acknowledge that any insurance I may have is an agreement between the carrier and me and that I am responsible for the payment of any covered or non-covered services I receive.

Initials \_\_\_\_\_ To the best of my ability, the information I have supplied is complete and truthful. I have not misrepresented the presence, severity or cause of my health concern.

If the patient is a minor child, print child's full name: \_\_\_\_\_

Doctor's Initials

Wiley Chiropractic Group, P.C.  
Terry L. Wiley, DC, CME

Signature

Date (MM/DD/YYYY)

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Consultation Notes